









Help Us Build a World of INCLUSIVE HEALTH

Special Olympics is creating increasingly inclusive health systems in all regions of the world, and demonstrably improving the health of individuals with intellectual disabilities. By enabling and empowering people with intellectual disabilities to achieve similar health outcomes as those without intellectual disabilities, through initiatives that promote their inclusion in mainstream services, people with intellectual disabilities can access quality health care services by trained professionals when and where they need them.

-  Two million free health screenings have been performed, coupled with health education and referrals to local providers, resulting in reductions in tooth decay, mouth pain, high blood pressure, weight, fall risk and uncorrected vision problems.
-  300,000+ participants have engaged in fitness programming, with many achieving physical activity levels greater than the general population, reducing their blood pressure levels and weight, and adopting healthy behaviors.
-  Special Olympics athletes at high risk of developing a cardiovascular disease reduced their blood pressure significantly after two months of participating in our fitness programming.
-  Almost 600,000 children with and without intellectual disabilities have benefitted from an early intervention program that has been shown to result in a seven month improvement in developmental gains in just two months.
-  300,000+ healthcare providers and students in over 60 countries have been trained to provide quality care to individuals with intellectual disabilities, coupled with partnerships with over 150 universities to prepare the future workforce.
-  4,000+ individuals with intellectual disabilities have been trained to advocate for inclusive health, many of whom have played active roles in shaping services, policies and awareness in their communities and countries with lasting results.



Special Olympics
Health

MADE POSSIBLE BY **Golisano** FOUNDATION

Special Olympics





You Can Make a Difference

These efforts address the many challenges people with intellectual disabilities face in accessing quality health care, fitness and wellness opportunities—challenges that result in serious health disparities and reduced life expectancy.

There is so much more work to be done! By partnering with Special Olympics, you can improve the health of children and adults with intellectual disabilities and exceed our ambitious goals for 2027:

CREATE THE 1ST EVER

GLOBAL REPORT

on the Health of People with Intellectual Disabilities—a much-needed resource to evaluate disparities across health systems and develop inclusive practices around the world.



REACH 600,000 YOUNG CHILDREN

with intellectual disabilities and their families—to provide them with early intervention services to enable them to walk, run, skip, and play earlier.



CREATE THE GOLISANO

VIRTUAL UNIVERSITY

to provide training to 100,000 more healthcare professionals enabling them to treat people with intellectual disabilities.

ACHIEVE

3

MILLION HEALTH SCREENINGS

in over 100 countries and ensure follow-up care is received.



Improve the overall health and fitness of

500,000 MORE ATHLETES.